

Dear Sports Friends,

Olympic and Paralympic Training Center Pajulahti and Finnish Paralympic Committee are very pleased to invite you to the 13th Pajulahti Games that will take place in Nastola, Finland, from the 18th of January to the 21st of January 2024.

Dates	18th – 21st of January 2024 17-18 th arrival day 19 th -21 st competition days 21 st departure (flight times after 6 pm.) 22 nd departure
Sports	Boccia – mixed international competition Showdown – men and women, international tournament Judo & Taekwondo – men and women, national and international competition, special needs judo & Taekwondo / athletes with intellectual disability Athletics – men and women, open national indoor championships Powerlifting – men and women, open national para powerlifting championships
Training camp	On 16 th to 19 th of January, 2024 we will offer you the possibility to train before the competition. On the training camp there will be playing venues available free of charge in every sport.
Competition venue	Pajulahti Paralympic Training Center, City of Lahti (www.pajulahti.com)
Accommodation	Pajulahti Paralympic Training Center, City of Lahti. All accommodation is in two or three person rooms, situated nearby, only 2–7 minutes walking from the competition venues.
Entry fees	120 euros/person/night. Single room 30 euros/person/night addition to the entry fee (max 1 single room/team). Extra nights possible for the same daily rate (before/after). Entry fee includes: - transportation from and to the airport Helsinki-Vantaa (1,5 hours from/to Pajulahti) - accommodation with full board (starting on arrival day dinner and ending on departure day lunch) - competition fees in sports: indoor athletics, judo, powerlifting, showdown and boccia - training camp opportunity.
	LOC will send invoices regarding the entry fees as follows: after the first entry (30% of the total amount) and 5 th of January 2023 (70%).

WELCOME TO FINLAND!

Kind regards,

Local Organizing Committee (LOC)

Event Director, Ms. Laura Kittelä

email: laura.kittela@pajulahti.com,

tel. +358 44 775 5212

and Finnish Paralympic Committee

Mr. Thomas Jalas

email: thomas.jalas@paralympia.fi

tel. +358 400 2411 21

Web site: www.pajulahtigames.fi

NOTE! The entry form is now released.

Deadline of the first entry is 31.10.2023

Deadline of the second entry (entry by name) and flight details 19.12.2023